

Educare Rawtenstall Menu

Week One

Monday

Lunch

Lasagne
Veggie Lasagne
Yoghurt



Light Tea

Mint & pea soup
Fresh fruit



Tuesday

Chilli Beef & rice
Veggie chilli & rice
Apple crumble & custard



Ham or Cheese wraps
Fresh fruit



Wednesday

Fish Pie & veg
Veg potato bake
Jelly & ice cream



Beans on toast
Fresh fruit



Thursday

Chicken casserole & new
potatoes Veggie casserole
Ice Cream Wafers



Cheese or ham sandwiches
Fresh fruit



Friday

Cowboy Pie
Swiss Roll



Cream cheese bagels
Fresh fruit



- Dishes in green are the Vegetarian alternative
- Babies in our Baby Room will have their own menu depending their stage of weaning