

Educare Rawtenstall Menu

Week Four

Monday

Lunch
Pork casserole, potatoes & veg
Veggie casserole
Pineapple upside down Cake



Light Tea

Garlic bread with cheese
Fresh fruit



Tuesday

Lamb hot pot
Veggie hot pot
Yoghurt



Cinnamon Bagels
Fresh fruit



Wednesday

Chicken Curry & Rice
Veggie Curry & Rice
Angel Delight



Tattie scones and beans
Fresh fruit



Thursday

Chicken & Leek Bake
Veggie Bake
Manchester Tart



Chicken or cheese sandwiches
Fresh fruit



Friday

Braised beef with carrots & Mash
Tofu with carrots & Mash
Chocolate Roll



Ham, Chicken or cheese wraps
Fresh fruit



- Dishes in **green** are the Vegetarian alternative
- Babies in our Baby Room will have their own menu depending their stage of weaning